

Clients admitted to Burning Tree will only be allowed to bring a pre-determined amount of personal items. Below is a listing of allowed personal items to assist the client in packing for your stay. Anything accounted for that is more than permitted will be shipped back home at your expense. The following items are prohibited at Burning Tree; credit cards, cell phones, satellite radios, burned CDs, computers, IPODs or other electronic media players, hand sanitizer, leggings or products containing alcohol. Only medications prescribed by a doctor and in the original packaging will be permitted, including over the counter medications. Make sure the dosage is accurate on the prescription bottle. Medications without a doctor's prescription will be mailed home at your expense. Burning Tree accepts no responsibility for personal items lost, damaged, broken or stolen. Upon discharge from treatment, all personal items will be the client's sole responsibility to transport. All items left behind will be shipped within 48 hours and the cost of shipping will be deducted from your account.

**Allowed Items (note: these are maximum amounts):**

**CLOTHING**

- 16 Shirts
- 8 Pants
- 8 Short (below knees)/Capris
- 10 pr Underwear
- 5 Bras
- 10 pr Socks
- 2 Pajamas
- 2 Bathing Suite (one piece)
- 5 Shoes (heels no higher than 2")
- 1 pr House Shoes
- 1 pr Shower Shoe
- 4 Sweatshirts
- 2 Sweatpants
- 4 Sweaters
- 3 Jackets/Hoodies
- 1 Coat
- 2 Skirts or Dresses
- 1 Robe
- 1 pr Gloves
- 2 Hats
- 2 Scarves/Shawl

**SUNDRIES**

- 2 Shampoo
- 2 Conditioner
- 2 Hairspray (alcohol-free)
- 2 Gel
- 1 Hairbrush
- 1 Comb
- 2 Toothbrush
- 2 Toothpaste
- 1 Mouthwash (alcohol-free)
- 1 Dental Floss
- 2 Lotions
- 2 Deodorant
- 2 Shaving Cream
- 1 pk Disposable Razors
- 1 Electric Razor
- 1 Curling/Flat Iron
- 1 Hairdryer
- 20 pieces of Makeup
- 2 Body Spray (alcohol-free)
- 2 Feminine Hygiene Product
- 2 Lip Balm
- 2 Soap
- 2 Body Wash
- 1 Face Cleanser
- 1 Eye Cream
- 1 Face Lotion
- 1 Face Toner (alcohol-free)

**PERSONAL AFFECTS**

- 1 Nail Clipper
- 1 Nail Scissor
- 2 Nail Polish
- 2 Nail Files
- 1 Nail Polish Remover
- 1 Hair Dye
- 1 Cotton Balls
- 1 Q-Tips
- 1 Pool Towel
- 2 Rings
- 2 Necklaces
- 2 pr Earrings
- 2 Watches
- 2 Bracelets
- 1 Purse
- 1 Book Bag
- 1 Alarm Clock (no radio)
- 1 Disc Man
- 1 Headphones
- 10 CD's
- 5 Books
- 1 AA Big Book
- 1 AA 12 X 12
- 1 Bible
- Stamps, Stationary, Journal,
- Phone Card, Spiral Notebooks,
- Highlighter, Black Ink Pens

**The following items are provided by Burning Tree, but clients may bring their own if desired.**

- 1 Fitted Sheet (Twin)
- 1 Flat Sheet (Twin)
- 1 Comforter (Twin)
- 1 Pillow
- 1 Pillow Case
- 2 Towels
- 2 Washcloths